

# Dr. Ryan Lee, DNP, PMHNP-BC, CARN, MSDS (c)

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Scottsdale, Arizona 85251

## Education

### **Northwestern University**

Master's in Data Science

Specialization: *Artificial Intelligence*

**Chicago, IL**

Expected Graduation May 2022

### **Fairfield University**

Degree Awarded: *Doctorate of Nursing Practice*

Major: *Psychiatric Mental Health Nurse Practitioner Across the Lifespan*

GPA: *3.9, summa cum laude*

**Fairfield, CT**

Graduated May 2016

### **Fairfield University**

Degree Awarded: *Bachelor of Science*

Major: Nursing

Honors: *Dean's List*

**Fairfield, CT**

Graduated May 2011

## Licenses & Certifications

**Registered Professional Nurse**, Arizona State Board of Nursing, current

**Advanced Practice Registered Nurse**, Arizona State Board of Nursing, current

**Psychiatric Mental Health Nurse Practitioner**, American Nurses Credentialing Center, Board Certified

**Certified Addictions Registered Nurse**, International Society for Addictions Nursing, current

**Basic Cardiac Life Support (BCLS)**, American Heart Association, current

**Buprenorphine Waiver**, Drug Enforcement Administration, current

**Certified Functional Medicine Practitioner (CFMP)**, in progress

**Diplomat of the American Clinical Board of Nutrition**, in progress

## Professional Work Experience

### **Invitation to Recovery**

*Psychiatric Nurse Practitioner*

- Delivery psychiatric and addiction medicine services to clients within a partial hospitalization and intensive outpatient setting

**Scottsdale, AZ**

Nov 2018-present

### **MyHealthNode**

*Founder*

- We bring together passionate individuals at the nexus of healthcare, technology, and telecommunications with the shared vision of creating a new age digital healthcare system designed to inform cutting-edge research, catalyze evidence-based treatment models, capture value, and increase quality of life

**Scottsdale, AZ**

Oct 2018-present

### **High and Grounded: A Wellness Practice**

*Co-Founder, Psychiatric Nurse Practitioner*

- Co-founder of an outpatient private practice that provides mental health treatment to adolescents and adults struggling with depression, anxiety, mood disorders, substance use, behavioral addictions, co-dependency, and eating disorders

**Scottsdale, AZ**

June 2017-present

### **Serenity Care Centers**

*Director of Psychiatric Services*

- Provide psychiatric and addiction medicine services to clients across the full continuum of care: detoxication center, residential, partial hospitalization, and intensive outpatient programs
- Provide leadership in collaboration with the multidisciplinary team with the goal of providing patient-centered and evidence-based practices, meeting regulatory and legal requirements

**Sun City, AZ**

May 2018-Oct 2018

- Administrative duties include managerial responsibilities for licensed medical staff, including nursing and advanced practice providers

**The Meadows Behavioral Health**

**Wickenburg, AZ**

*Psychiatric Nurse Practitioner*

June 2017-May 2018

- Deliver comprehensive psychiatric and addiction treatment services at The Meadows Main Campus for trauma and addiction, the Claudia Black Center for Young Adults, Gentle Path and Willow House for sex addiction, and Remuda Ranch: residential, PHP, and IOP treatment for eating disorders

**Mountainside Treatment Center**

**Canaan, CT**

*Doctor of Psychiatric Nursing*

June 2016-May 2017

*Residential, Intensive Outpatient, and Detox Programs*

- In collaboration with the multidisciplinary team, provide psychiatric evaluations, evidence-based treatment, and medication management to adult clients within an addiction treatment setting
- Educate clients in both group and individual settings on co-occurring disorders, the use of psychotropic medications, anti-craving medications, and post-acute withdrawal syndromes

**VA Connecticut Healthcare System**

**West Haven, CT**

*Registered Professional Nurse*

2014-July 2016

*Psychiatric Emergency Department*

- Triage, evaluation, and stabilization of patients in mental health crisis and/or co-occurring substance use in collaboration with multidisciplinary team
- Utilize verbal de-escalation skills, milieu management, and therapeutic containment

**VA Connecticut Healthcare System**

**West Haven, CT**

*Registered Professional Nurse*

January 2012-2014

*Medical-Surgical w/ Telemetry*

- Management of patients with a broad spectrum of medical needs within an acute care setting of a tertiary hospital

**Griffin Hospital**

**Derby, CT**

*Patient Care Technician*

*Behavioral Health Emergency Department*

Summer 2010

- Provide continuous behavioral monitoring of patients within psychiatric crisis setting

**Student Clinical Rotations**

**Changing Perspectives**

**Westport, CT**

*Outpatient Psychotherapist*

Fall 2014-present

- Serve as the primary therapist for a caseload of patients within an outpatient mental health clinic

**Child and Family Guidance Center**

**Bridgeport, CT**

*Outpatient Psychiatric Provider*

Fall 2014-Spring 2015

- Provide psychiatric assessments, ongoing medication management, and brief counseling and supportive therapy to children and families

**VA Connecticut Healthcare System**

**West Haven, CT**

*Residential Substance Abuse Treatment Provider*

Summer 2014

- Conduct intake assessments and screening, medication management, and led substance abuse groups within a residential setting

**Bridges Community Support System**

**Milford, CT**

*Outpatient Psychiatric Provider*

Summer 2014

- Provide psychiatric assessments, ongoing medication management, and brief counseling and supportive therapy to an adult and geriatric population

## **Continuing Education & Training**

### **Beck Institute for Cognitive Behavioral Therapy**

**Philadelphia, PA**

- CBT for Depression and Suicidality: Core I

### **PsychTech**

**Charlotte, NC**

- Feeling-State Theory and Feeling-State Addiction Protocol

### **Fairfield University**

**Fairfield, CT**

- Eye Movement Desensitization and Reprocessing Therapy, Level I & II

### **Women's Health Consortium**

#### **Hamden, CT**

- Treating Chemical Dependency and Addiction with EMDR

### **VA Connecticut Healthcare System**

**West Haven, CT**

- Motivational Interviewing: Training For Clinicians

### **Udacity**

**Remote**

- Intro to Computer Science

### **Data Science Phoenix**

**Scottsdale, AZ**

- Introduction to Machine Learning: Regression Trees in R

### **Udacity**

**Remote**

- Programming for Data Science

## **Committees and Professional Organizations**

- **American Psychiatric Nurses Association**, member
- **International Nursing Society on Addictions**, member
- **Data Science Phoenix**, Galvanize, member

## **Publications & Presentations**

Lee, R.M. (2016, October). *Eye movement desensitization and reprocessing therapy for treating addiction: an interpretative phenomenological analysis*. IntNSA Annual Education Conference. Las Vegas, Nevada.

## **Additional Skills**

- ***EHR systems***: competent in numerous EHR systems including CPRS, Cerner, Clinician's Desktop, Dr. First, Epic, Sigmund, Tier, KIPU
- ***Advanced knowledge***: Microsoft Word, Excel, PowerPoint, Outlook, Sharepoint, IBM SPSS Statistics, ATLAS.ti, Wordpress
- ***Baseline knowledge***: HTML, CSS, PHP, Python, R, and Javascript
- ***Special Interests***: digital marketing, web design, computer programming, integrative psychiatry and functional medicine, genomics, nutritional neuropsychopharmacology, telepsychiatry, interdisciplinary and translational research, natural language processing, machine learning/ deep learning, and blockchain technologies
- ***Soft-Skills***: organizational leadership, entrepreneurial, positive attitude, mission-oriented, driven, strong work ethic, public speaking, project management, critical thinking, emotional intelligence, resilience and flexibility, excellent communication and interpersonal skills, team-oriented, life-long learner